

## **SPEECH CONTEST 2022 / II Liceum Ogólnokształcące w Zamościu / RULES AND REGULATIONS**

1. The purpose of the contest is to give the participants an opportunity to express themselves. The competition allows students to demonstrate and test their proficiency and fluency in English.
2. The Speech Contest is organized by High School II in Zamość on the initiative of Joanna Mazur and Elżbieta Paszko.
3. All the participants taking part are the students of High School II in Zamość.
4. The contest will be held on December 19 at 10.30 a.m. in classroom no. 4 in High School II in Zamość.
5. Each contestant shall choose one out of the five topics provided by the organizers.
6. Speeches must be between 5 and 7 minutes in length. Penalty points will be applied for time infractions at the rate of 1 point for every 1 minute. Students shall obtain appropriate feedback after their performance.
7. Contestants must create their OWN speeches. Each participant is obliged to provide the content of their speech in written form 3 days before the day of the competition, so that the organizers can check that it is substantively original (except for quotes, which are welcome).
8. A microphone will be provided. No other props are to be used.
9. Students are allowed to use a bulleted list of ideas helping them provide the speech (maximum 10 entries, full sentences are forbidden). The list must be presented to the judges right before giving the speech.
10. Contestants will be evaluated by a panel of judges consisting of teachers and students of High School II in Zamość. Participants may obtain 20 points altogether.

### **Judging criteria:**

<b>CONTENT</b>	
	<b>POINTS</b>
1. Knowledge (understanding the topic, research)	2
2. Originality	2
3. Organization (introduction, development of the ideas, conclusion)	1 - 2 – introduction 1 – 4 – ideas and their development 1- 2 – conclusion Total score: 8
4. Time utilization	2
<b>STYLE</b>	
	<b>POINTS</b>
1. Pronunciation, intonation, clarity of speech	2
2. Fluency (appropriate delivery, pace)	2
3. Body language (maintaining good posture, eye contact; using facial and hand gestures)	1
4. Eloquence (showing enthusiasm and interest in the topic)	1

### **TOPICS:**

1. High school - the best time of your life or a waste of time?
2. Video games and movie violence contribute to greater juvenile crime rates.
3. Dependence on technology is making humanity less intelligent.
4. Overuse of cell phones causes trauma in young brains.
5. What makes us happy?

**Competition entries should be sent to:** <https://forms.gle/vx9SnSYSMYS6rLSr5>